



**Dementia  
Friends**

An Alzheimer's Society initiative

T H A N K Y O U  
\_\_\_\_\_ for becoming a \_\_\_\_\_

**Dementia Friend**

Name: **Alexander O'Neil**



Understands how dementia  
may affect people.



Knows simple actions to help  
someone with dementia.



And is now part of a movement  
to help people with dementia  
live more fulfilling lives.

**Be calm. Be kind. Be patient.**